YOU *CAN* GET THERE … FROM HERE

Eben Alexander III MD
Director of Research

The 23rd Gathering ~ The Monroe Institute
March 27, 2012

Academic Neurosurgery

- Duke (9 years) – MD and Residency
- Harvard (17 years) – Associate Professor

The Coming Global Awakening

The greatest illusion is that mankind has limitations.

— Robert A. Monroe (1915 – 1995)

Audio Technology and Consciousness

- Research and Development
  - HemiSync®
  - Spatial Angle Modulation® (SAM)
  - Focus Levels (other "conscious states"?)
  - Other Auditory techniques?
  - Visual, other input

Audio Technology and Consciousness

- Tools (Training Wheels)
  - No dogma
  - Program Development
  - Growing Program Availability – Globally
  - And…

Collaboration

- UVA Division of Perceptual Studies (DOPS)
  - RV, OBE, PK
- Edgar Cayce Association for Research and Enlightenment (Virginia Beach, VA)
- Rhine Research Center (Durham, NC)
- Institute of Noetic Sciences (Petaluma, CA)
- Center for Consciousness Studies (U Arizona)
- Windbridge Institute (Tucson, AZ)
- Forever Family Foundation (Oceanside, NY)
- Logos Center (Phoenix, AZ)

Verification of Extended Consciousness

- Out of Body Experience
  - General techniques
  - Validation [DOPS]
- Remote Viewing
  - More general application of techniques?
  - Validation [DOPS]
- Psychokinesis
  - Validation & mechanism [DOPS]
  - Enhancement?
  - Industrial strength "Wave-function collapse"
- Dreams, including Lucid (collaboration)

Mission for Humanity

- Healing Self and Others
  - Alternative Healing
  - Learning skills (education)
- The Least, the Last and the Lost
  - Intervention in cataclysms
  - Treating addiction
  - Poverty and hopelessness
  - Prisons, the destitute

Mission for Spirit

- Transition from the Physical
  - Those transiting, and their loved ones
  - Souls in limbo
  - Awaken the Medical Community
  - Reincarnation, Past-life study [DOPS, Forever Family Foundation, IANDS, Logos Center]

Blue Sky Thinking

- Vision for the Future – of our World
  - Beyond the physical limitations of human brain and mind
  - Telepathy (not just global, but cosmic…)
  - Exploration throughout time and space (including higher dimensions)
  - Exploration beyond boundaries, toward The One
  - And …

To Peer… Behind the Veil?

Flammarion wood engraving, artist unknown,
in Camille Flammarion's book *L'atmosphère: météorologie populaire* (1888)

Humanity's Metamorphosis

- The TMI community is the tip of the spear
- Explore the profound nature of *Consciousness (Love for our eternal souls)*
- Develop the tools, and teach humanity
- *Towards emergence from the Chrysalis*

Enlightenment . . .

One of his students asked Buddha, "Are you the messiah?"

"No", answered Buddha.

"Then are you a healer?"

"No", Buddha replied.

"Then are you a teacher?" the student persisted.

"No, I am not a teacher."

"Then what are you?" asked the student, exasperated.

Enlightenment . . .

"I am Awake," Buddha replied.

- Siddhartha Gautama, Indian Hindu Prince and founder of Buddhism. Born 563 B.C. Died 483 B.C.

The Awakening is Upon Us

- *The Answer lies within us all…*

"Get it out there!"

~ Robert A. Monroe